

A high-angle, action shot of a surfer riding a massive, curling blue wave. The surfer is wearing a bright yellow long-sleeved shirt and dark pants, leaning forward with arms outstretched for balance. The wave is a deep, vibrant blue, and the crest is breaking into white foam. The background shows a clear, bright sky.

**From October to November 2021,  
48 achondroplasia patients  
aged 2 to 15 years started  
vosoritide treatment at  
Freiburg University Hospital**



**Advances in Achondroplasia**  
**Frankfurt, 21<sup>st</sup> April 2023**



## **Disclosures**

Outside of the current work, I have also received travel and honoraria from BioMarin International Ltd.

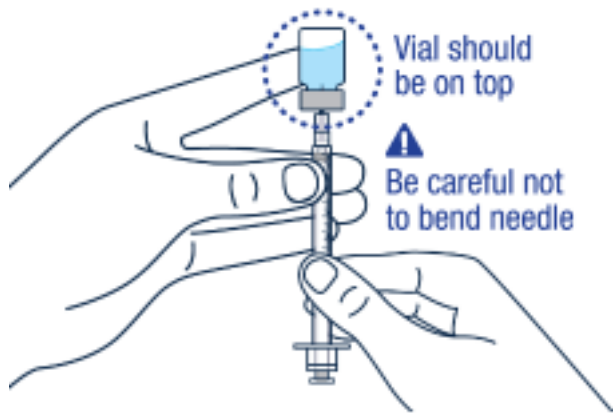
## **Early Experience of Vosoritide in Clinical Practice**

- 1.) Requirements and practicalities around training patients and caregivers to administer vosoritide**
- 2.) Clinical capacity and infrastructure requirements (MDT)**
- 3.) Key clinical investigations required prior to initiation of treatment**
- 4.) Key parameters to measure during follow-up**
- 5.) Clinical case: vosoritide therapy and monitoring in toddlers**
- 6.) Real world data: safety and efficacy in 59 patients**

# 1.) Requirements and practicalities around training patients and caregivers to administer vosoritide: fighting with hardware

Frequent handling problems:

- **Bending of the needle**
- **Loss of syringe while eliminating bubbles**

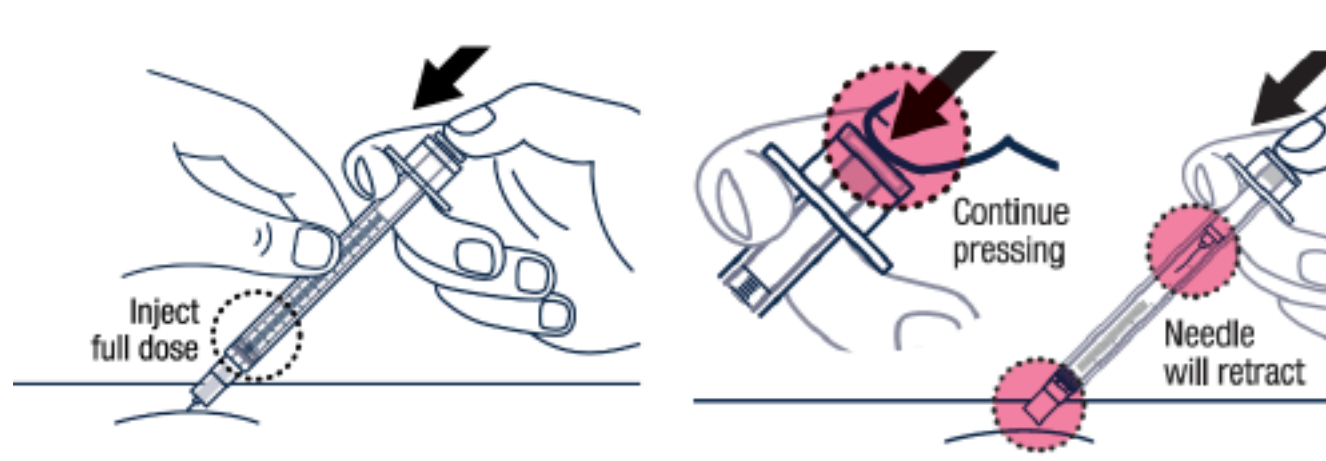


- Minimum 2 rounds of patients/caregivers training are required:
- 1.) Demonstration (may take place online)
  - 2.) Practical handling training

# 1.) Requirements and practicalities around training patients and caregivers to administer vosoritide

Frequent complications:

- Needles do not retract easily



► Additional syringes have to be provided. Support of families by nurse service (n=2/56), especially for those with younger children.

# 1.) Requirements and practicalities around training patients and caregivers to administer vosoritide

## Frequent complications:

- Limited number of injection sites in your



**Do not** inject through clothes.

**Do not** inject into skin that is swollen, sore, bruised, red, hard, or scarred.

The following sites are recommended for injection:

- **Thighs** or
- **Abdomen** (2 inches from belly button) or
- **Buttocks**
- Healthcare providers and caregivers may also inject VOXZOGO into the **back of the upper arms**.



► Self support/interconnecting of families on therapy (to allow children on therapy to interact), strategies to facilitate acceptance for different ages







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1 x 1,2 m

**x 3 = lasts 1 month**

**and storage of large**



# 1.) Requirements and practicalities around training patients and caregivers to administer vosoritide



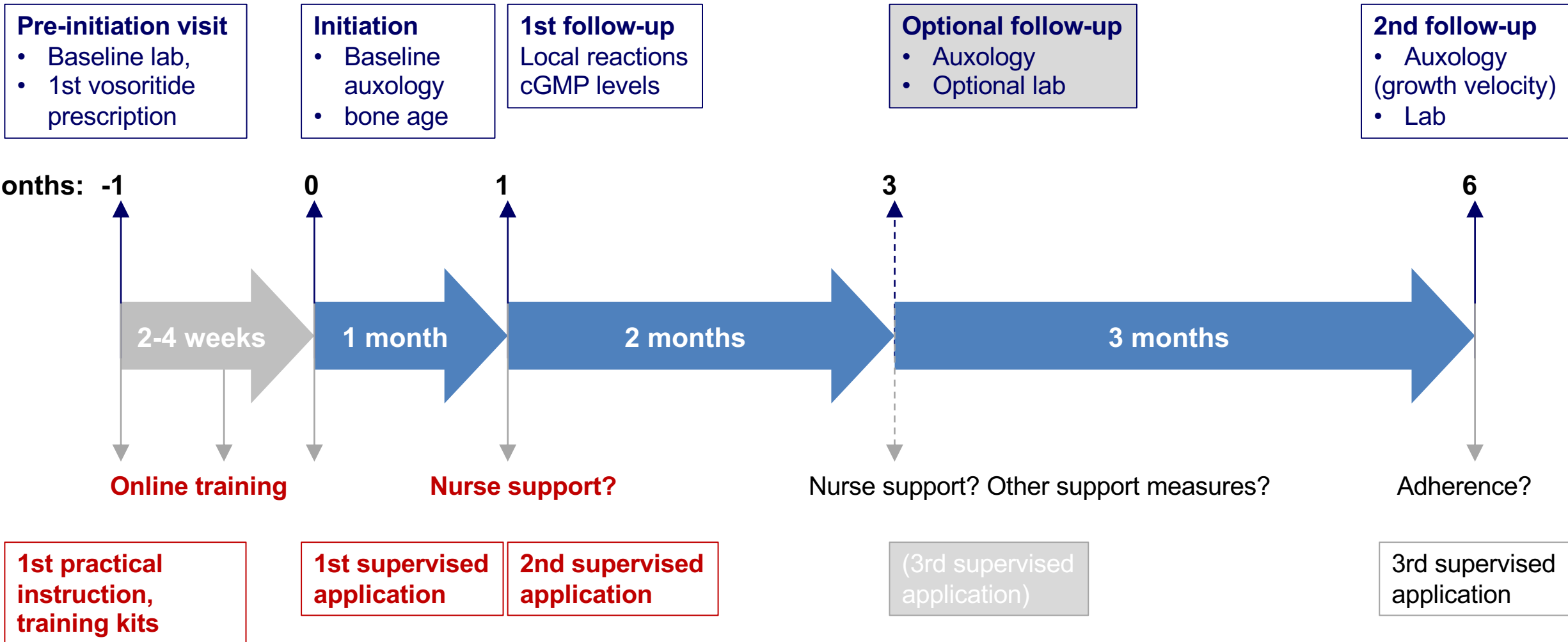
## Logistics, part 2:

**Currently N=56:  $12 \times 56 = 672$  prescriptions per year.  
Be prepared...**

Private healthcare requires additional paperwork.

**Due to high costs (1.200 Euro/dose), German health insurance only allows the vosoritide prescription for a month (i.e. 36.000 Euro)**

# 1.) Requirements and practicalities around training patients and caregivers to administer vosoritide: Year 1 (4–5 visits in 12 months)



## 2.) Clinical capacity and infrastructure requirements – „must have“





## 2.) Clinical capacity and infrastructure requirements - „must have easy access to“



### 3. Pediatric neurology:

- Electrophysiology, physiotherapy, social workers

### 4. Pediatric pulmonology (cardiology):

- Sleep laboratory, home mechanical ventilation (CPAP)

### 5. Pediatric HEENT/audiology:

- Brainstem evoked potentials, tympanometry

### 6. Pediatric orthopedics:

- Experience with hemiepiphysodesis in skeletal dysplasias

### 7. Pediatric neurosurgery:

- Experience with spinal decompression/laminectomy

## 2.) Clinical capacity and infrastructure requirements



# 8. Time!

- ▶ **Minimum 1 hour for patients/caregivers are required for practical training.**
- ▶ **Minimum 1 hour for patients/caregivers are required for pre-initiation/initiation visits.**
- ▶ **Additional time for administrative tasks has to be taken into account.**



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**WARNUNG: Das chronologische Alter ist außerhalb des für die Befundung zulässigen Bereichs.**

**Knochenalterbestimmung [1]**  
Chronologisches Alter (CA)/ Geschlecht  
2 Jahre 6 Monate  
( 30 Monate ) / W

**Prospektive Endgrößenbestimmung [3]**  
Wachstumspotenzial  
Berechnung nicht möglich: Knochenalter außerhalb des Referenzbereiches. [3].

**Knochenalter**  
1 Jahre 7 Monate  
( 19 Monate )

**Natürliche Standardabweichung (SD) [2]**  
5.37 Monate

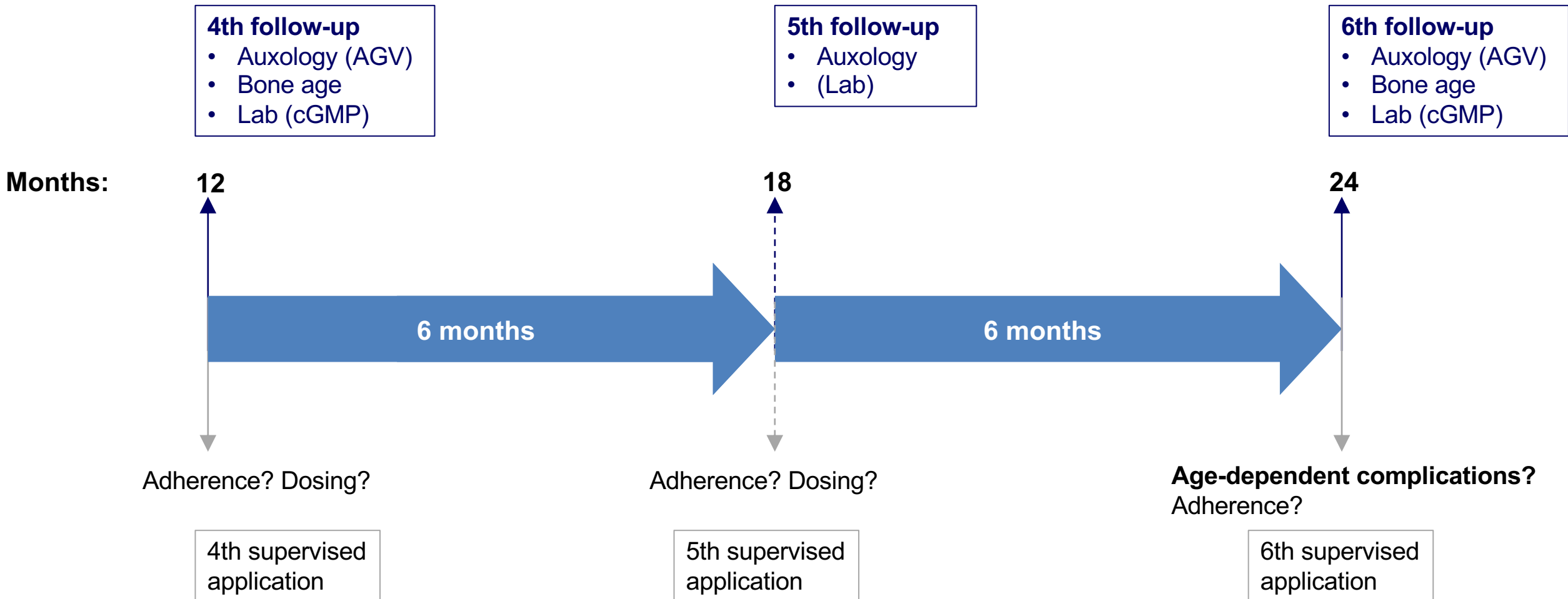
**Status (basiert auf 2SD) [2]**  
**NORMAL**



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## 4.) Key parameters to measure during follow-up: Year 2 (2–3 visits in 12 months)



## 4.) Key parameters to measure during follow-up



### **First follow-up (1 months of vosoritide):**

- Therapy-related complications, supervision of application, correct dosing

### **Second follow-up (6 months of vosoritide):**

- Auxology, annualized growth velocity, lab, dosing

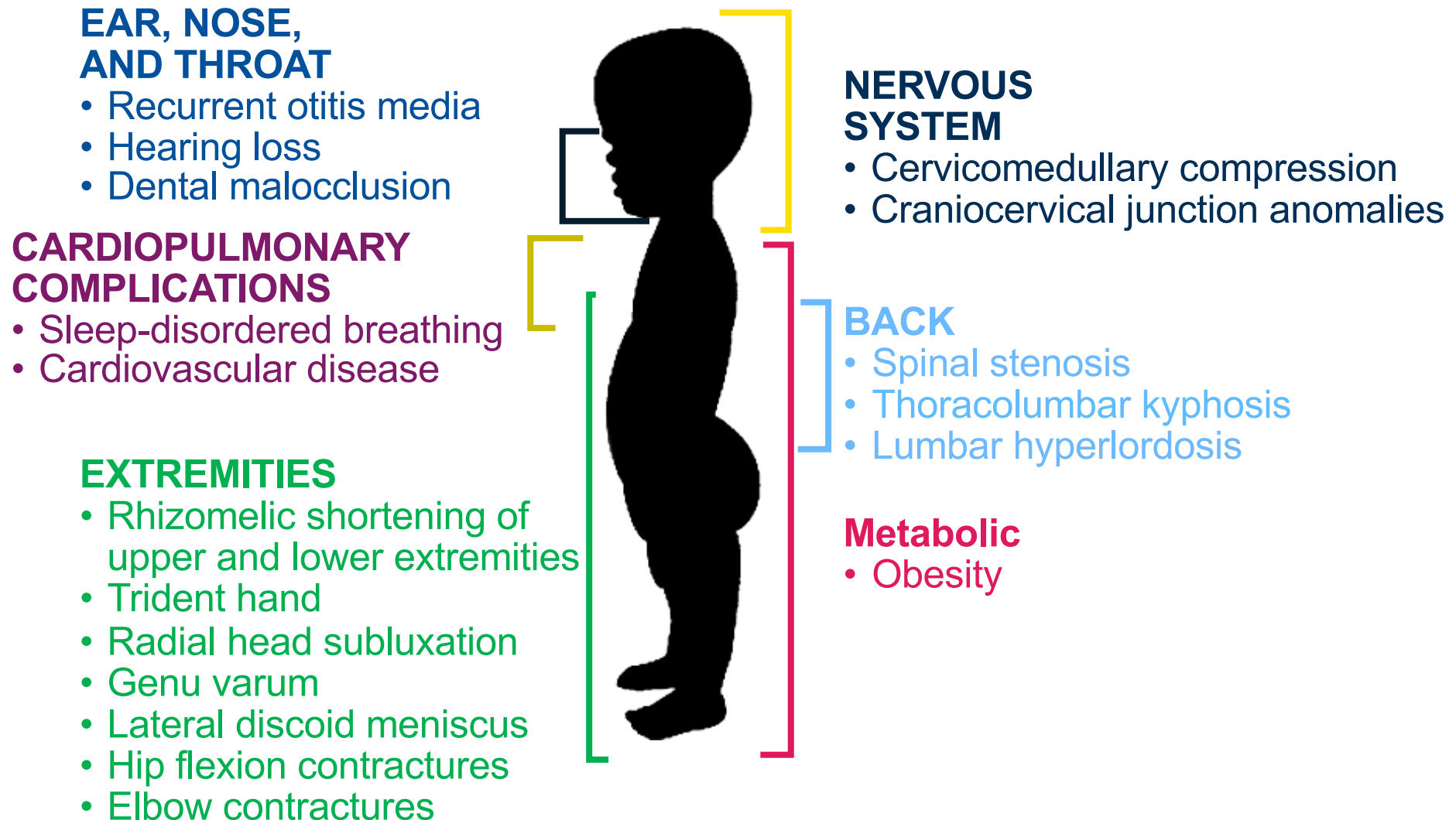
### **Third follow-up (1 year of vosoritide):**

- Auxology, annualized growth velocity, lab, dosing, **bone age**

### **► Bi-annual or 3 monthly visits, depending on age/secondary complications**

- Standardized assessment of diagnostic findings under vosoritide (e.g. classification of foramen magnum stenosis, axis deviation etc)

# Multi-System Comorbidities Associated With Achondroplasia <sup>1-3</sup>





## 4.) Key parameters to measure during follow-up

### Age-dependent secondary complications

Complications of achondroplasia beyond growth across life stages\*

	Infancy (0–1 yr)	Childhood (1–13 yr)	Adolescence (13–18 yr)	Adulthood (>18 yr)
Increased risk of sudden death	→			
Foramen magnum stenosis <sup>1</sup>	→			
Otitis media <sup>2</sup>	→	→		
Sleep-disordered breathing	→	→	→	→
Spinal axis deviation <sup>3</sup>		→	→	→
Genu varum, valgum		→	→	→
Chronic pain		→	→	→
Symptomatic spinal stenosis			→	→
Obesity		→	→	→
Psychosocial impact <sup>4</sup>		→	→	→

\*non-exhaustive list; Adapted from Hoover-Fong J, et al. Bone 2021;146:115872; 1. Hecht JT, et al. Am J Med Genet 1989;32:528-35; 2. Wright MJ, et al. Arch Dis Child 2012;97:129-34; 3. Kopits SE. Basic Life Sci 1988;48:241-55; 4. Yonko EA, et al. Am J Med Genet A 2021;185:695-701.

# Age-specific prevention schemes – consensus?

- For each child (re)assess his/her current status and discuss it with parents
- Is it the best time to start therapy?
- Manage expectations regarding improvement of each complication
- Special attention for children newly referred to your team

Consensus Statement | Published: 26 November 2021

## International Consensus Statement on the diagnosis, multidisciplinary management and lifelong care of individuals with achondroplasia

Ravi Savarirayan , Penny Ireland, ... Svein Ottar

*Nature Reviews Endocrinology* (2021) | [Cite this](#)

CLINICAL REPORT Guidance for the Clinician in Rendering Pediatric Care

American Academy  
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN®

## Health Supervision for People With Achondroplasia

Julie Hoover-Fong, MD, PhD, FAGMG,\* Charles I. Scott, MD, FAAP,† Marilyn C. Jones, MD, FAAP,‡ COMMITTEE ON GENETICS

TABLE 1 Health Supervision for People With Achondroplasia

	Prepregnancy and Short-Stature Parents	Prenatal and Short-and Average-Stature Parents	Birth to 1 mo	1 mo to 1 y	1–5 y	5–13 y	13–21 y	Adult
<b>Diagnosis</b>								
Physical examination	X	X of fetus	X	X	—	—	—	—
Imaging	X radiographs	X ultrasonography of fetus	X	—	—	—	—	—
Molecular testing	X	X of fetus	X	—	—	—	—	X
<b>Genetic counseling</b>								
Review natural history	X of potential offspring	X	X	X	X	X	X	X
Recurrence risk and genetics	X	X	X	X	X	X	X	X
Delivery mode and location	X	X	—	—	—	—	—	X
Support group(s), family support	X	X	X	X	X	X	X	X
Desired pregnancy?	—	X	X	—	—	—	—	X
<b>Medical evaluation</b>								
Growth (height or length, weight, occipitofrontal circumference)	—	X	X	X	X	X	X	X
Physical examination	—	—	X	X	X	X	X	X
Neurologic examination	—	—	X	X	X	X	X	X
Development	—	—	X	X	X	X	—	—
Neuroimaging	—	—	X	X if new diagnosis	X as indicated	X as indicated	X as indicated	X as indicated
Polysomnography	—	—	X	X if new diagnosis	X as indicated	X as indicated	X as indicated	X as indicated
Hearing assessment	—	—	X	X	X	X	X	X
Radiography for kyphosis, genu varus, bowing	—	—	—	X	X as indicated	X as indicated	X as indicated	X as indicated
Anticipation or guidance								
Warning signs of severe complications	—	—	X	X	X	X	X	X
Car seats	—	X for hospital discharge	X	X	X	X	—	—
Achondroplasia-specific development	—	—	X	X	X	—	X	—
Jugular bulb dehiscence warning	—	—	—	X	X	X	X	X
Supplemental security income inclusion	—	—	—	X	X	X	X	X
Accommodations	—	—	—	—	X	X	X	X
Obesity, exercise, diet	—	—	—	—	X	X	X	X
Driving	—	—	—	—	—	—	X	X
College	—	—	—	—	—	—	X	X
Job training	—	—	—	—	—	—	X	X

## 4.) Key parameters to measure during follow-up



### **Multidisciplinary management and vosoritide – What do we monitor when?**

#### **Therapy-related monitoring:**

- Safety, supervision of application, correct dosing, efficacy

#### **Monitoring based on the known natural history of achondroplasia:**

- Known age-related complications, „regular“ multidisciplinary care schedule

#### **► Monitoring based on the evolving knowledge of treated achondroplasia:**

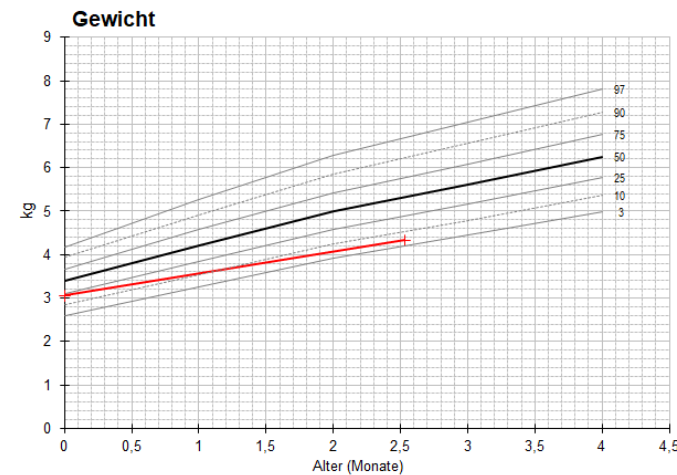
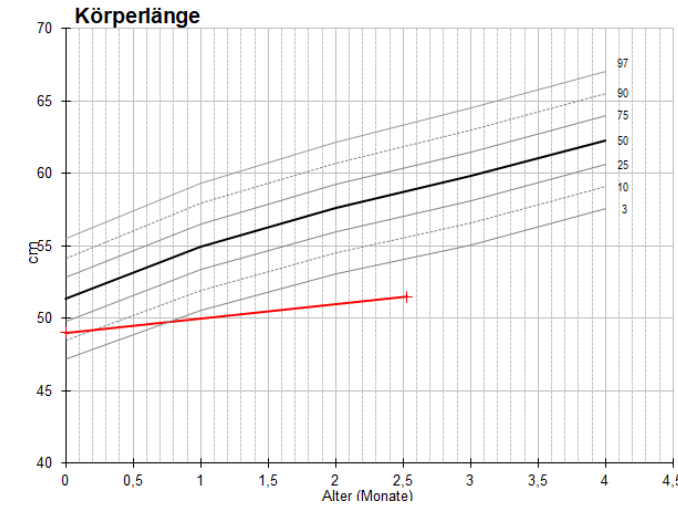
- „Adapted“ multidisciplinary care schedule

#### **Unbiased monitoring for rare or late complications in treated children:**

- Comprehensive clinical and laboratory investigation schedule

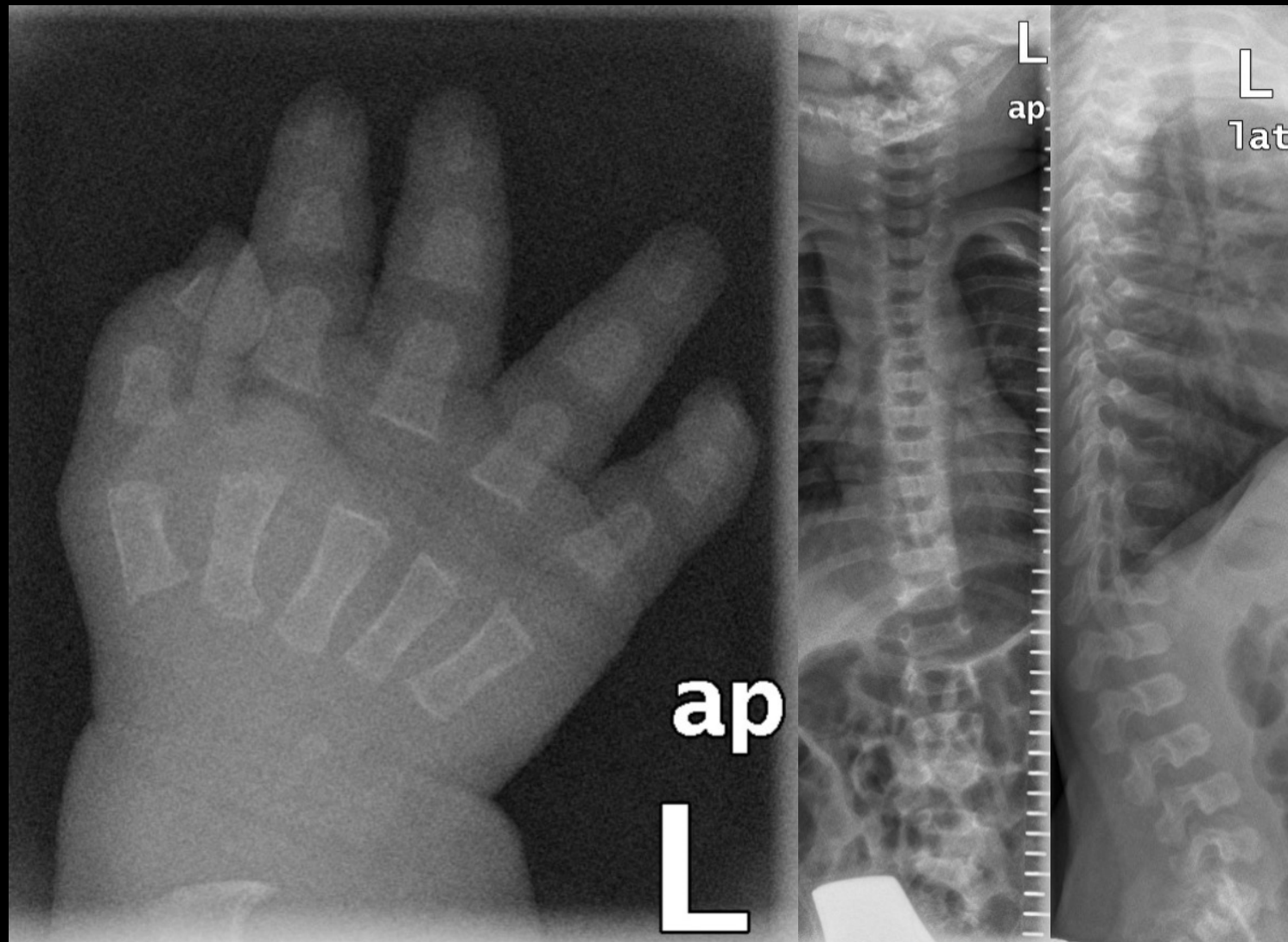
# 5.) Clinical case: vosoritide therapy and monitoring in toddlers

## 2.5 months old girl, centile-crossing parameters

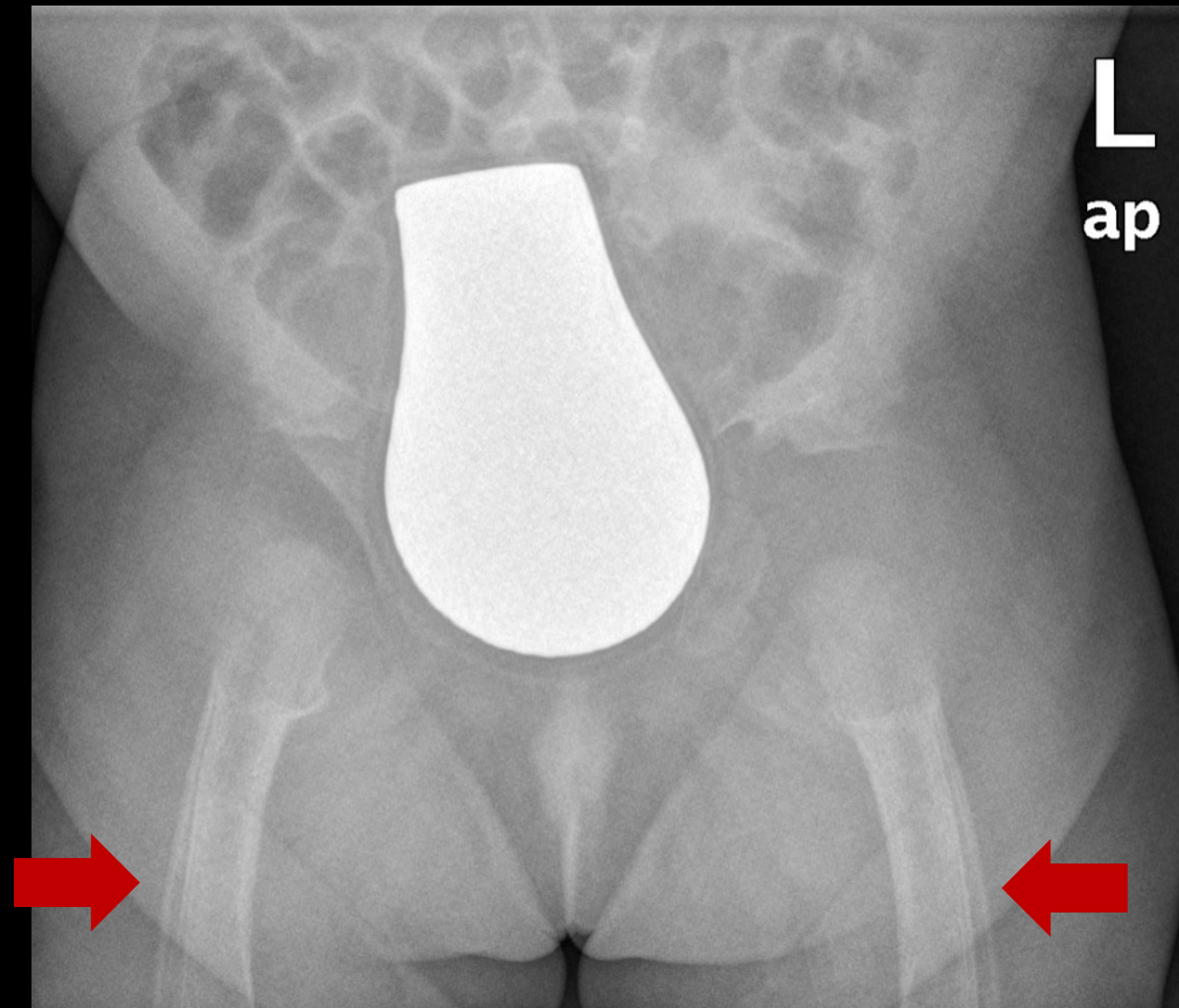




## 5.) Clinical case: vosoritide therapy and monitoring in toddlers



## 5.) Clinical case: vosoritide therapy and monitoring in toddlers



**No health problems at 8 months!**





# Auxology, 8 months – German schedule

## Achondroplasia-Betreuungsplan:

### Vorgeburtlich (bei Verdacht):

- Ultraschall, genetische Beratung

### Bei Diagnosestellung:

- Klinischer Befund, Röntgen, Genanalyse, Beratung

### 2-3 Monate:

- Klinischer Befund, u.U. Schlaflabor

### 6 Monate:

- Klinischer Befund, **HNO** mit Hörtest

### 9 Monate:

- Klinischer Befund, u.U. HNO

### 12-18 Monate:

- Klinischer Befund, HNO, Schlaflabor, **MRT, u.U. SSEP**

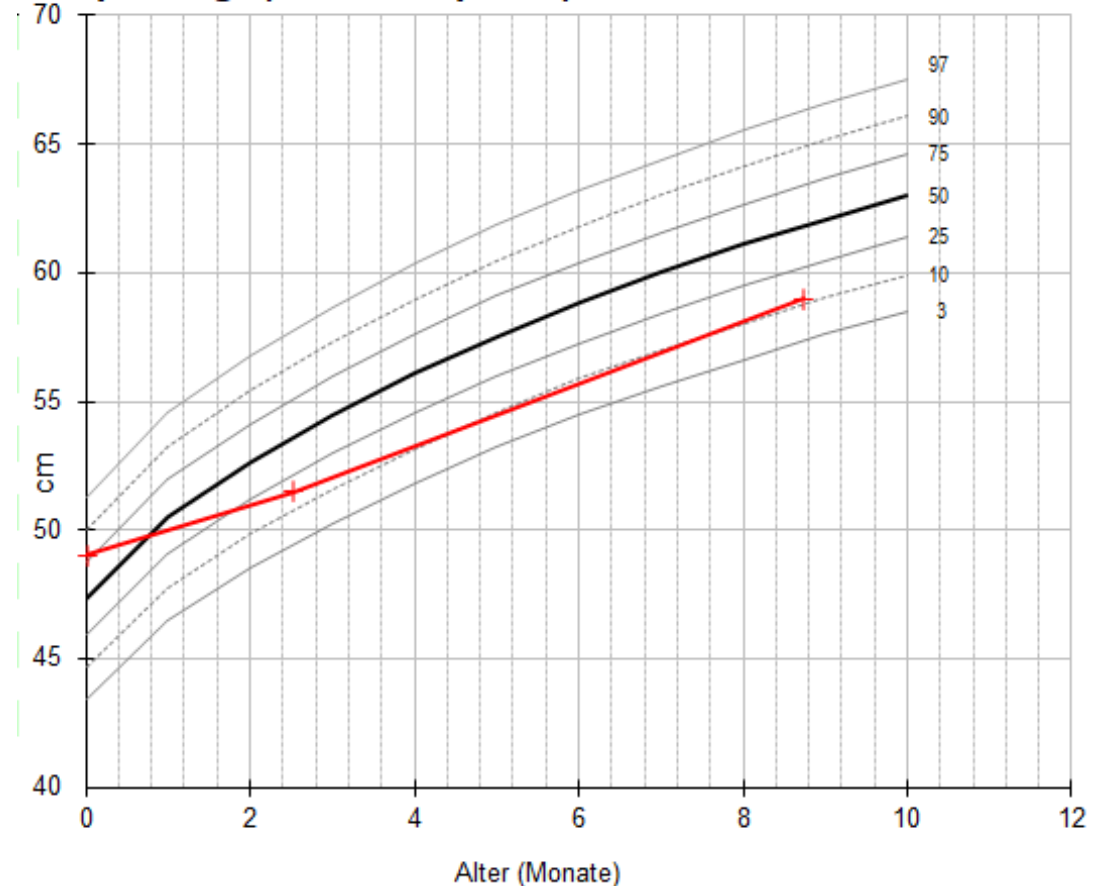
### 2 Jahre:

- Klinischer Befund, SSEP, HNO, **Orthopädie**

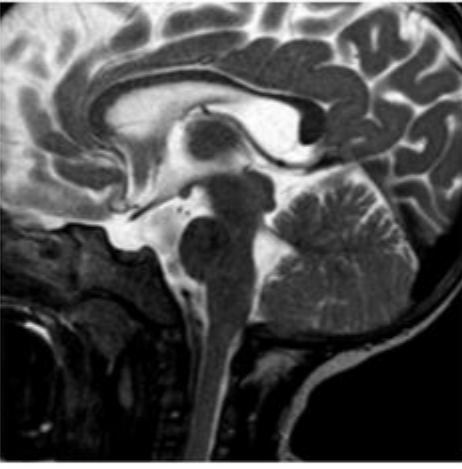
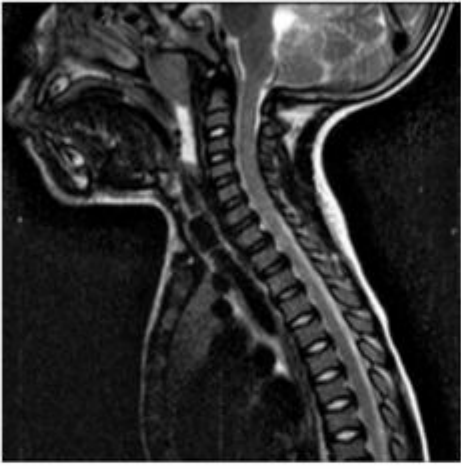
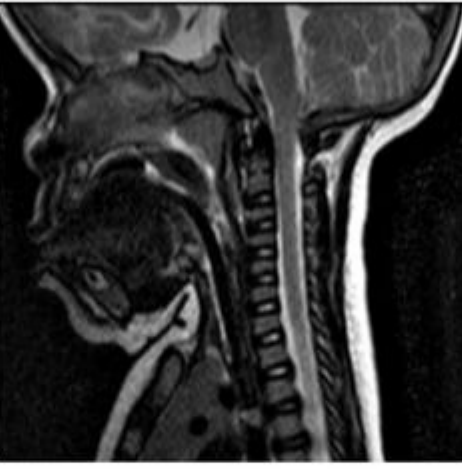


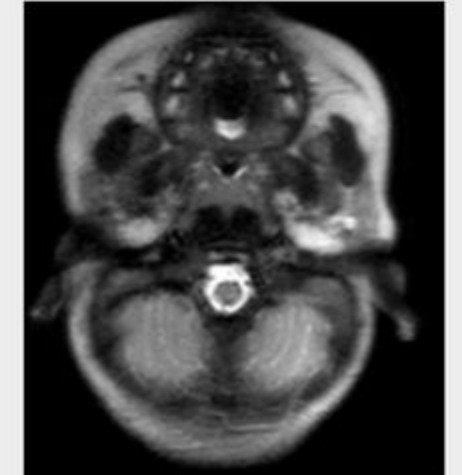
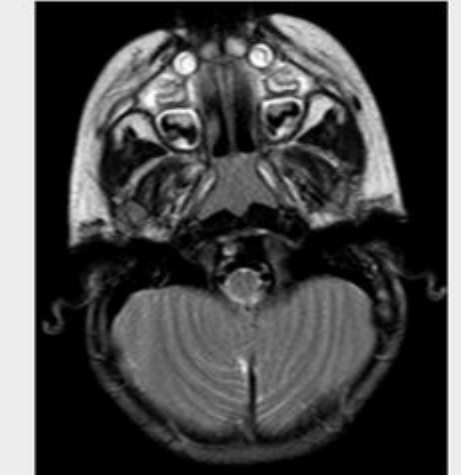
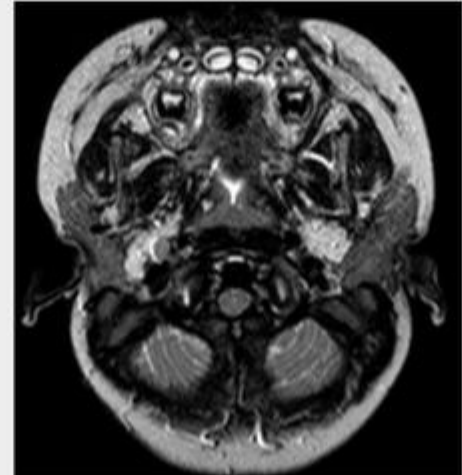
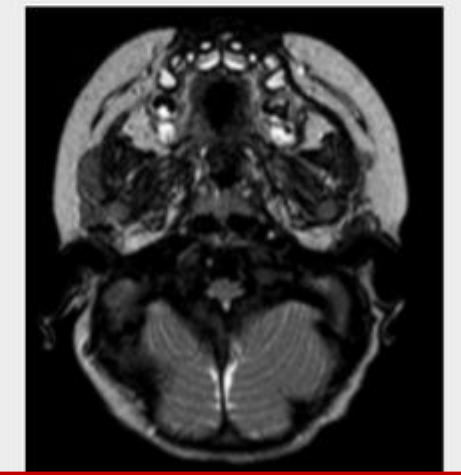
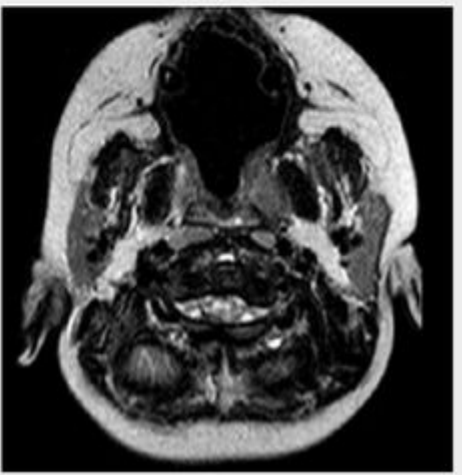
### Später jährlich:

- Klinischer Befund evtl. weitere neurologische bzw. zusätzliche spezielle Diagnostik, Beratung

Körperlänge (Achondroplasia)





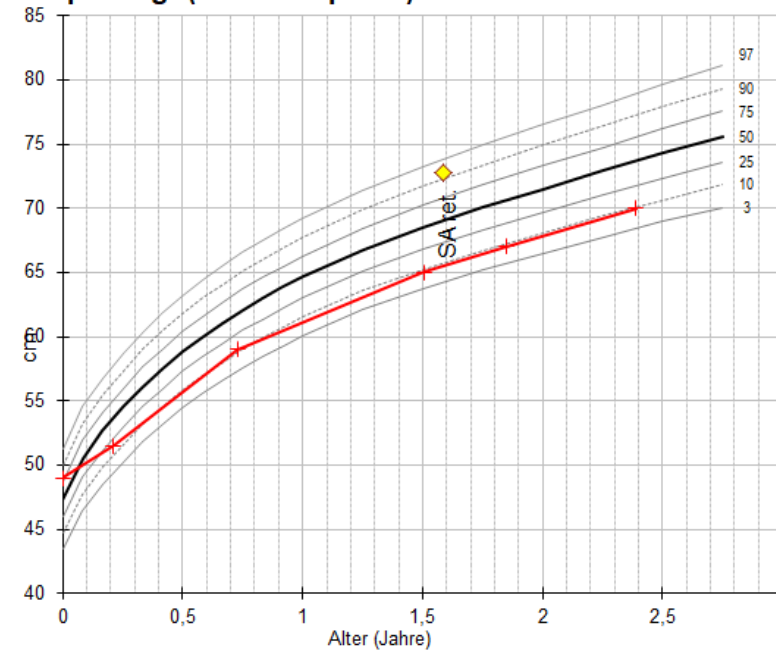
AFMS0	AFMS1	AFMS2	AFMS3	AFMS4
Normal foramen magnum	Constitutional narrowing of the foramen magnum with preserved CSF (no cord distortion)	Narrowing of the foramen magnum with loss of CSF space surrounding the cord	Loss of the CSF space with cord compression	Cord compression and signal changes (Myelomalacia)
				
				

# 5.) Clinical case: vosoritide therapy and monitoring in toddlers

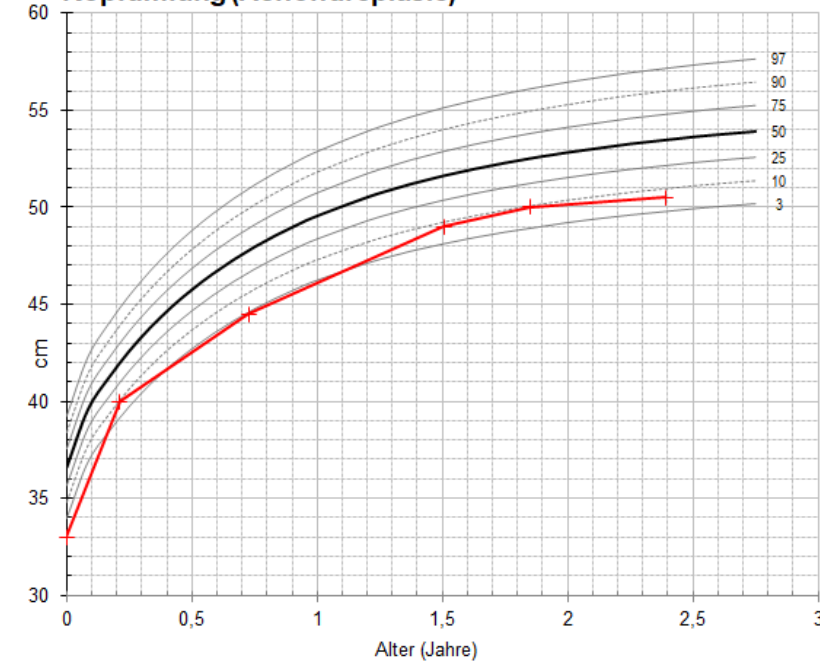


28 months, start of vosoritide therapy

Körperlänge (Achondroplasia)



Kopfumfang (Achondroplasia)



Presenter's clinical case study

# Key clinical investigations required prior to initiation of treatment



## 1. Genetic confirmation of ACH

- Required for coverage by health insurance in Germany (HCH-ACH)

## 2. Comprehensive auxology (ACH centiles)

- Including sitting height, arm span, growth velocity

## 3. Bone age

- Standardized assessment, software supported (i.e. „Bone Expert“)

## 4. Comprehensive clinical chemistry of blood and urine

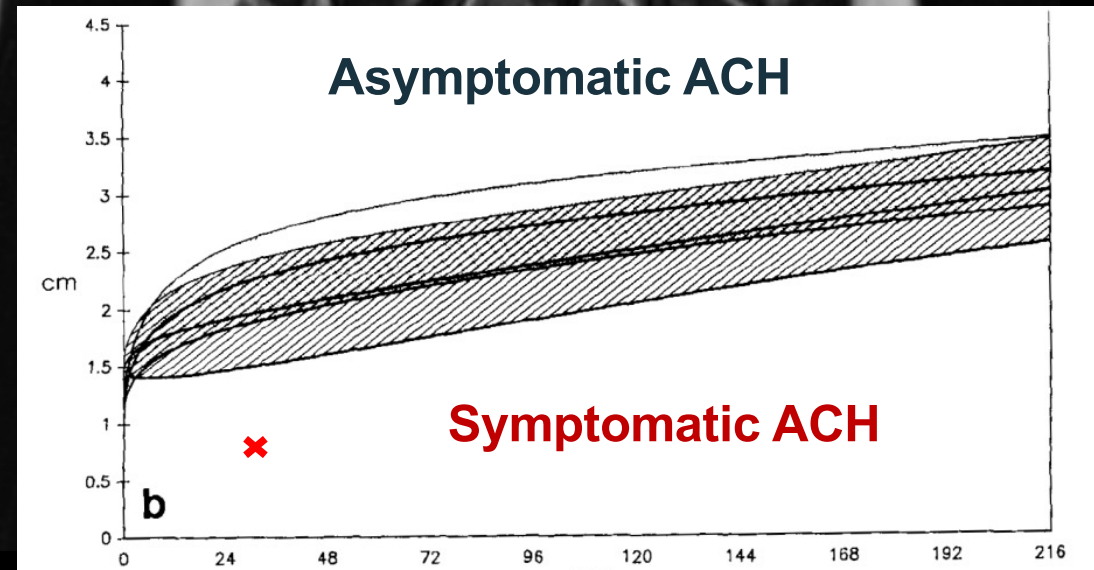
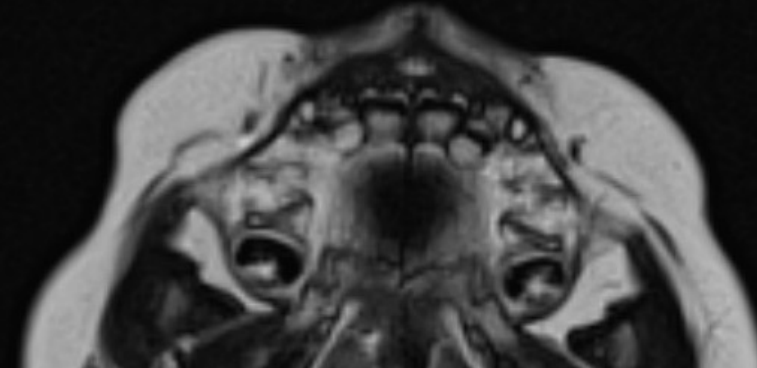
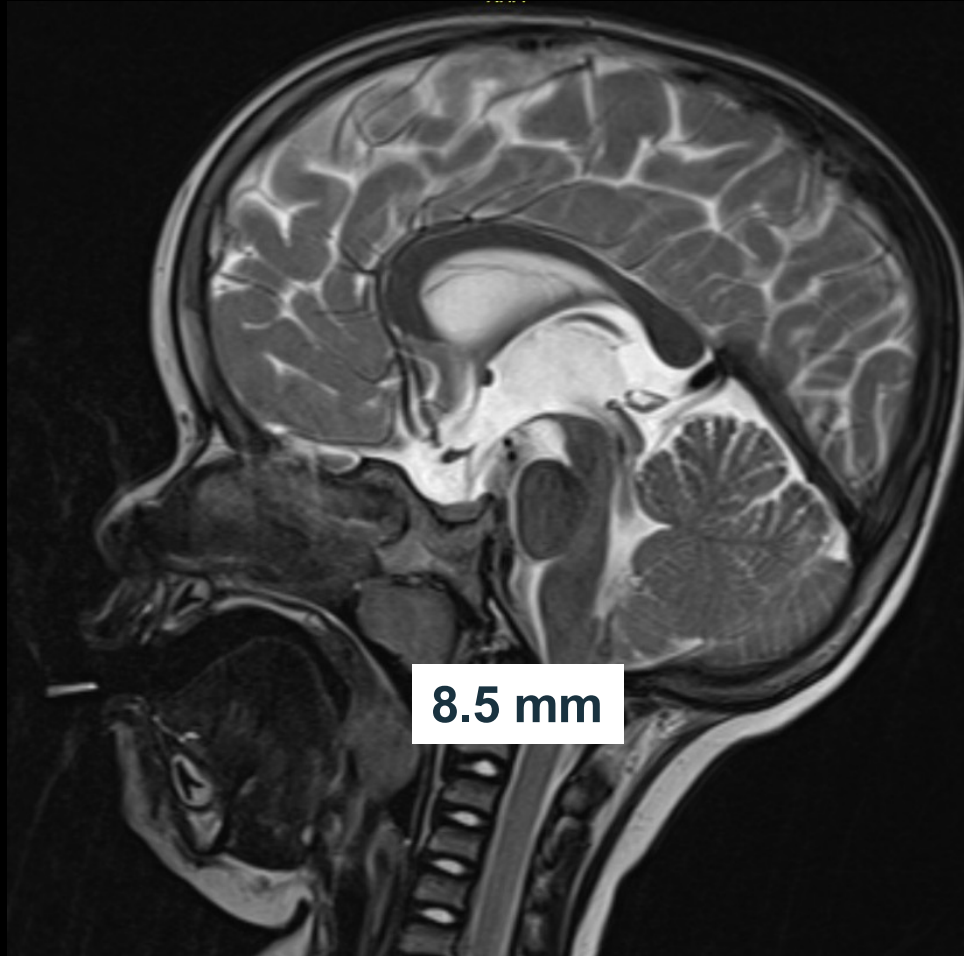
- Including hormones, vitamin D, PTH, ostease, crosslinks

## 5. Review of age-related complications, baseline investigations at initiation

- 2–5 years: cranial MRI; 2–5 years: cardiology if OSA; 12–15 years: spinal MRI



# Imaging at 28 months: Asymptomatic ACH



ACH, achondroplasia

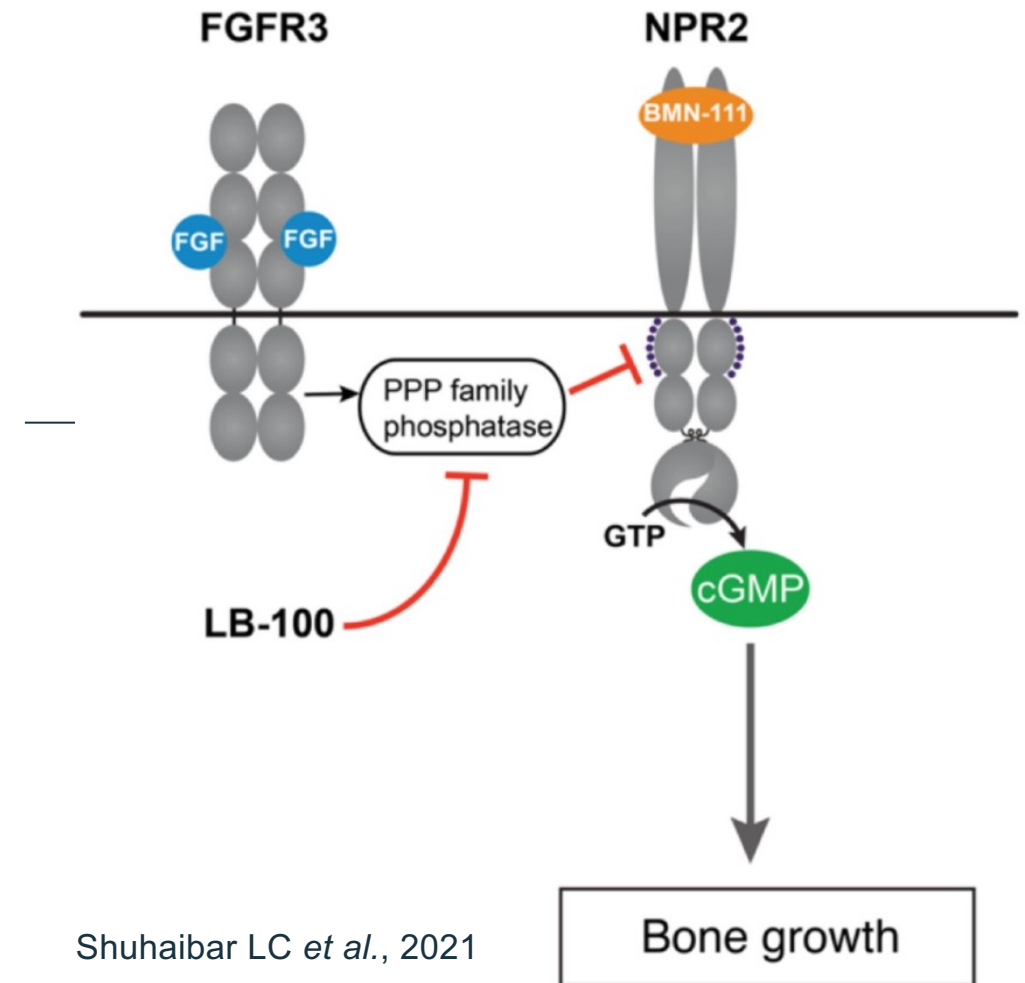
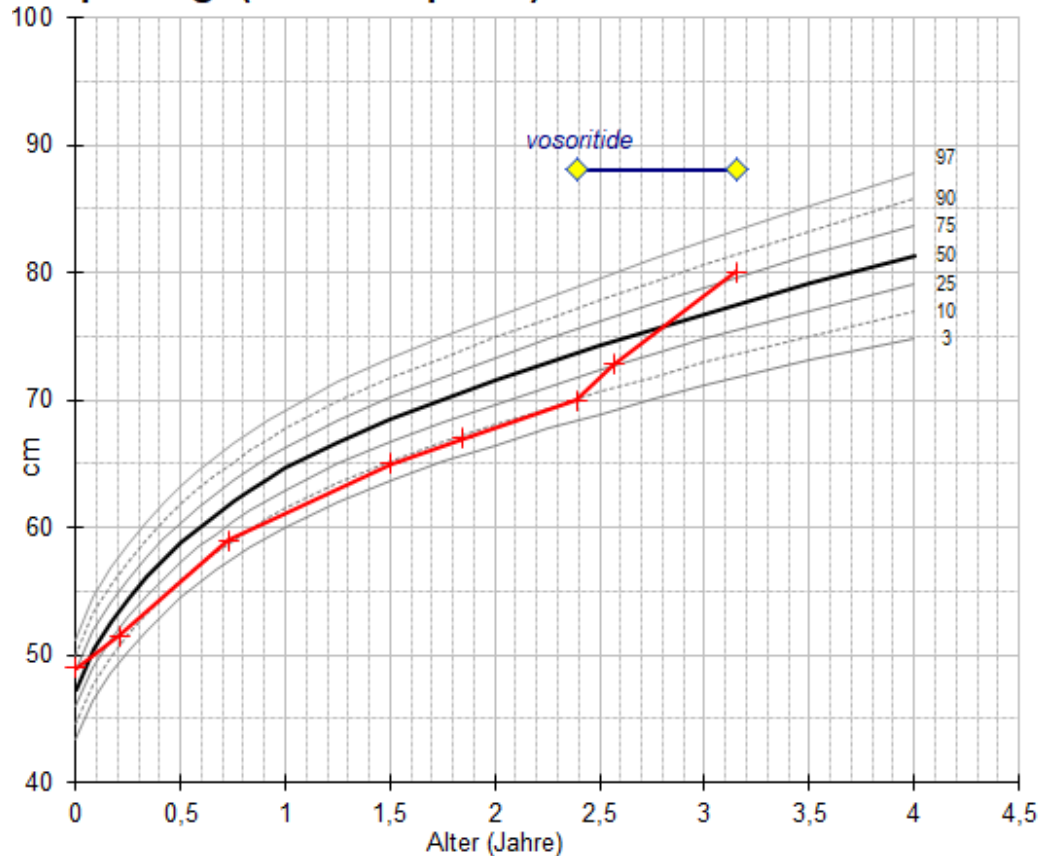
Presenter's clinical case study



# 5.) Clinical case: vosoritide therapy and monitoring in toddlers

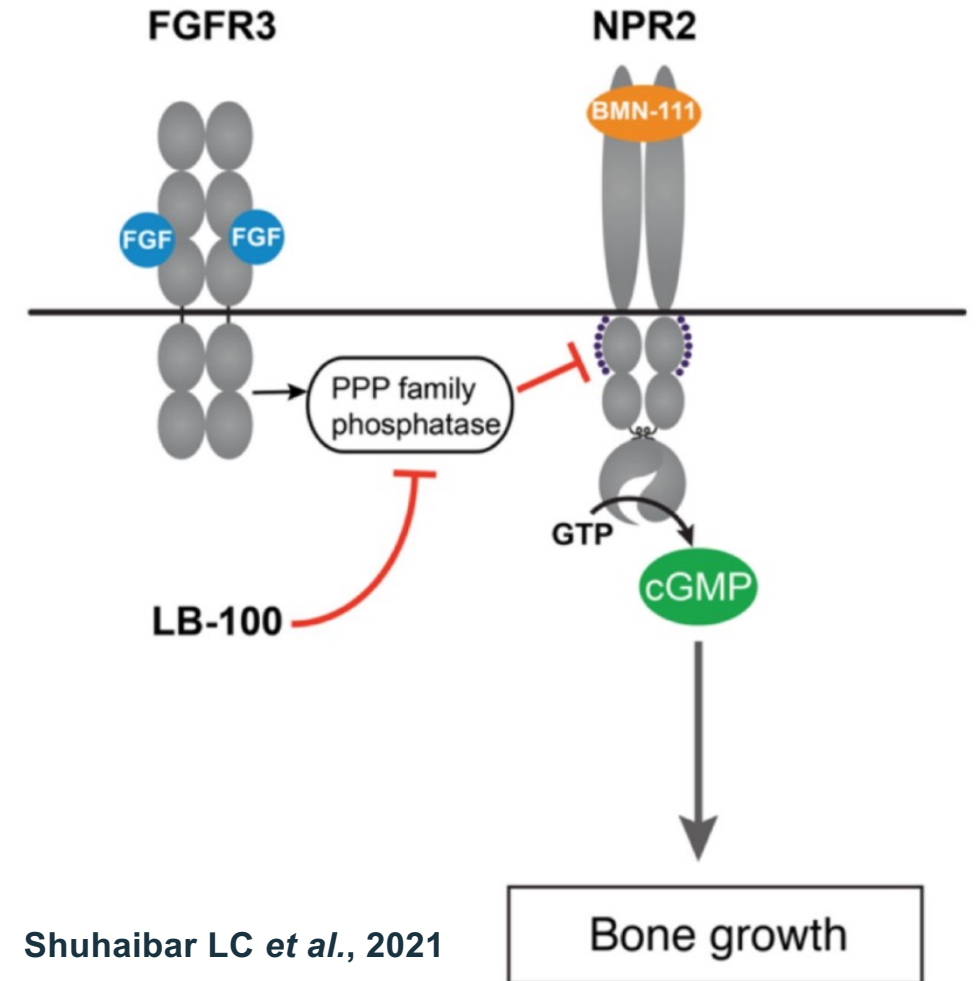
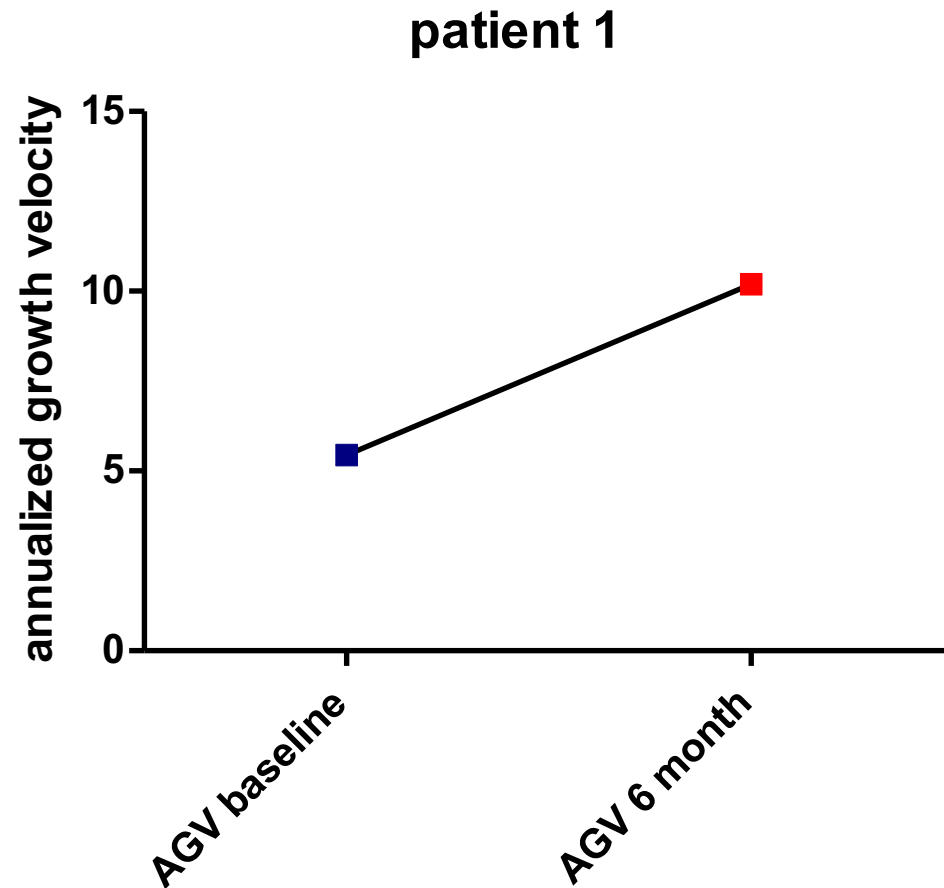
6 months of vosoritide, 34 months of age

Körperlänge (Achondroplasie)

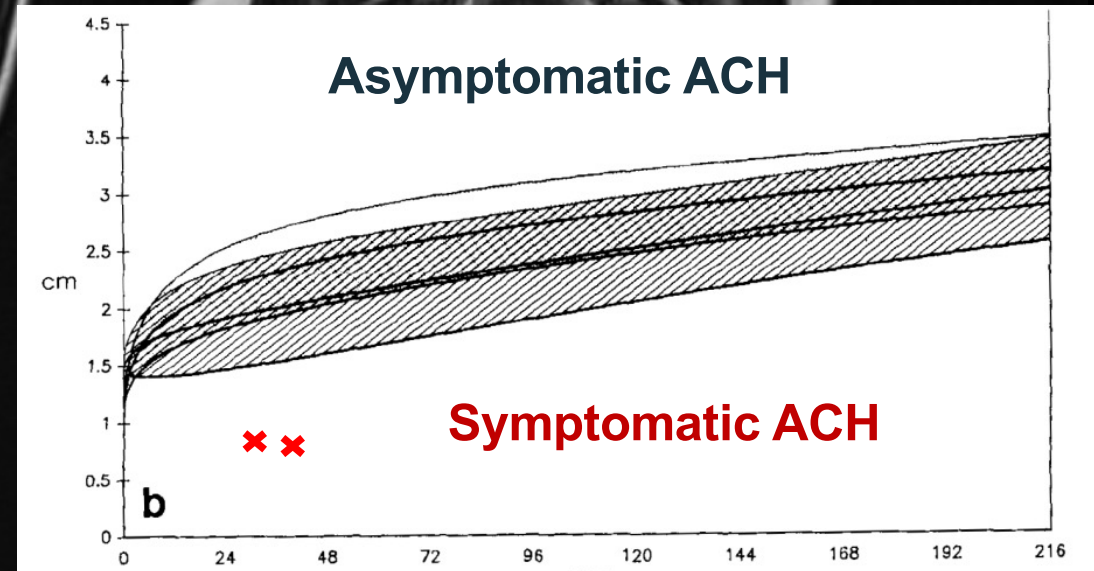
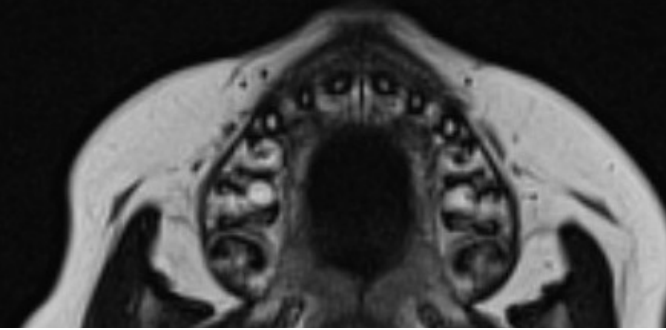
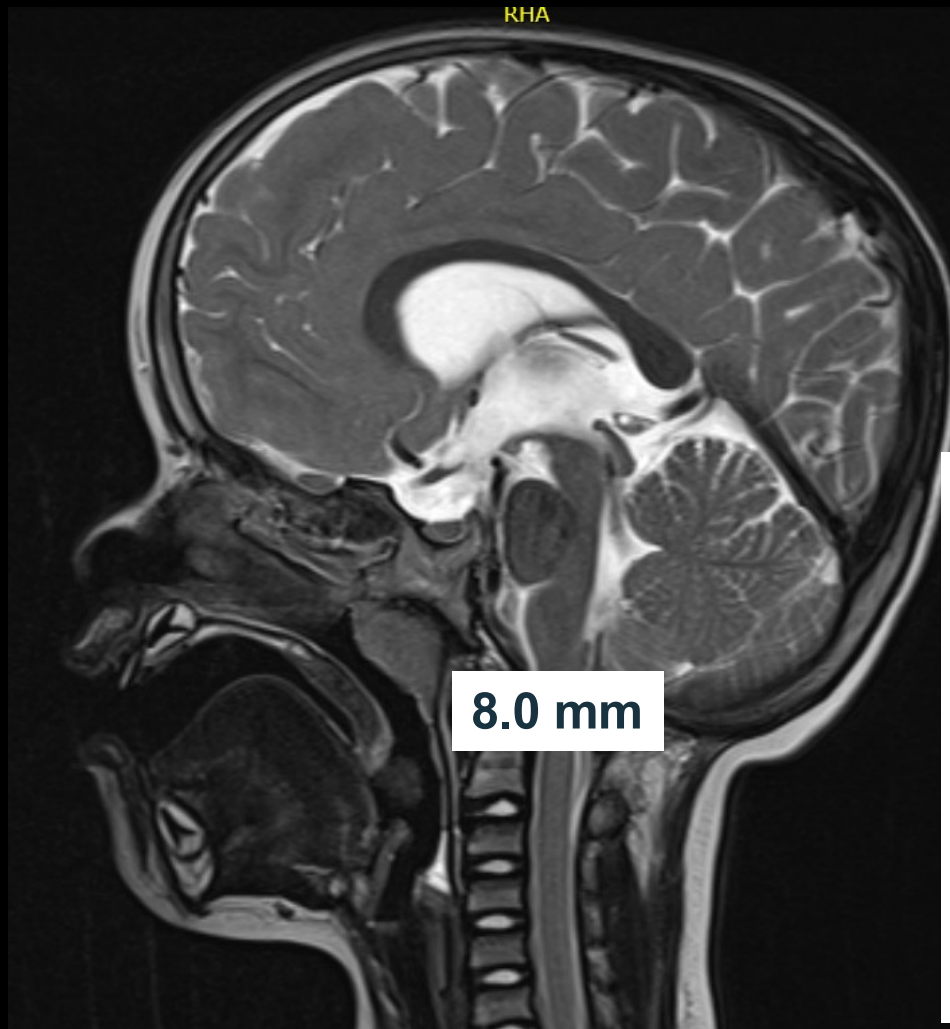


Shuhaibar LC *et al.*, 2021

# 6 months of vosoritide, 34 months



# Imaging at 38 months: Asymptomatic ACH, but..



ACH, achondroplasia

Presenter's clinical case study

## 5.) Clinical case: vosoritide therapy and monitoring in toddlers

### Key parameters to measure during follow-up

#### First follow-up (1 months of vosoritide):

- Therapy-related complications, supervision of application, correct dosing

#### Second follow-up (6 months of vosoritide):

- Auxology, annualized growth velocity, lab, dosing

#### Third follow-up (1 year of vosoritide):

- Auxology, annualized growth velocity, lab, dosing, **bone age**

#### ► **Bi-annual or 3 monthly visits, depending on age/secondary complications**

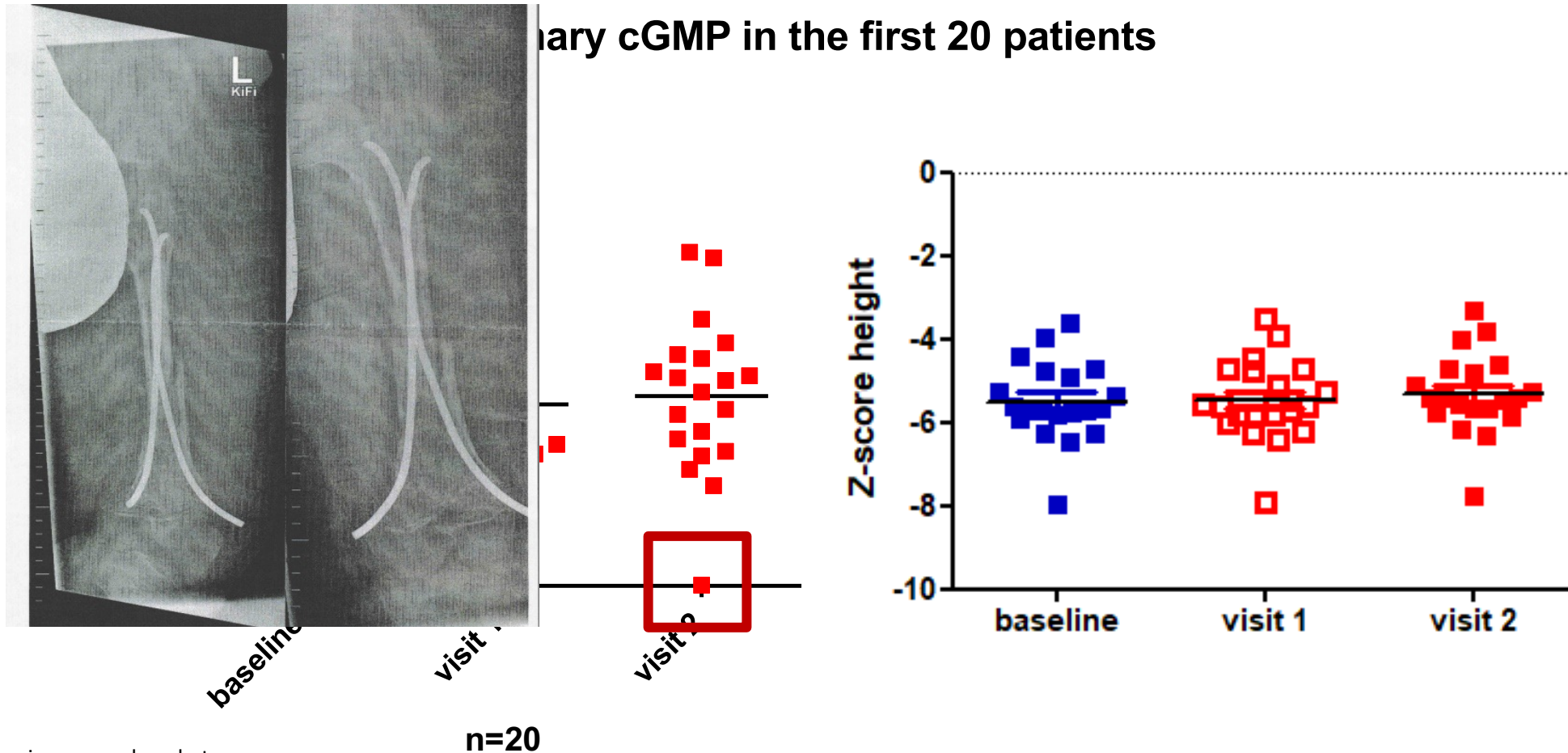
- Standardized assessment of diagnostic findings under vosoritide (e.g. classification of foramen magnum stenosis, axis deviation etc)



## 5.) Real world data: safety and efficacy (6 months)

- Potential adverse reactions: 2 patients with fractures (tibia, femur)

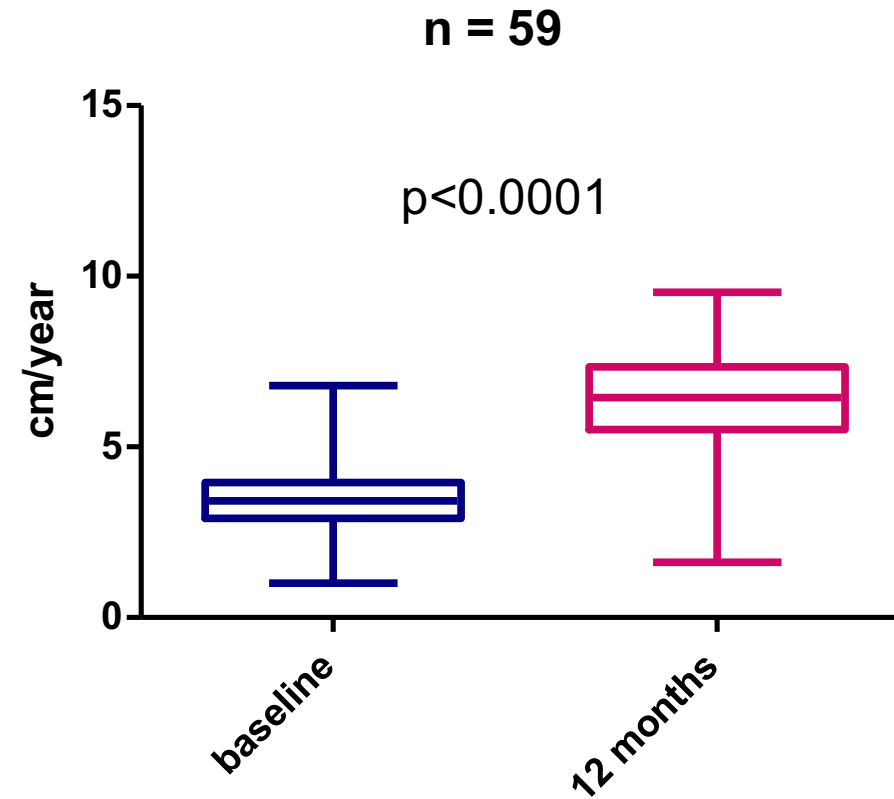
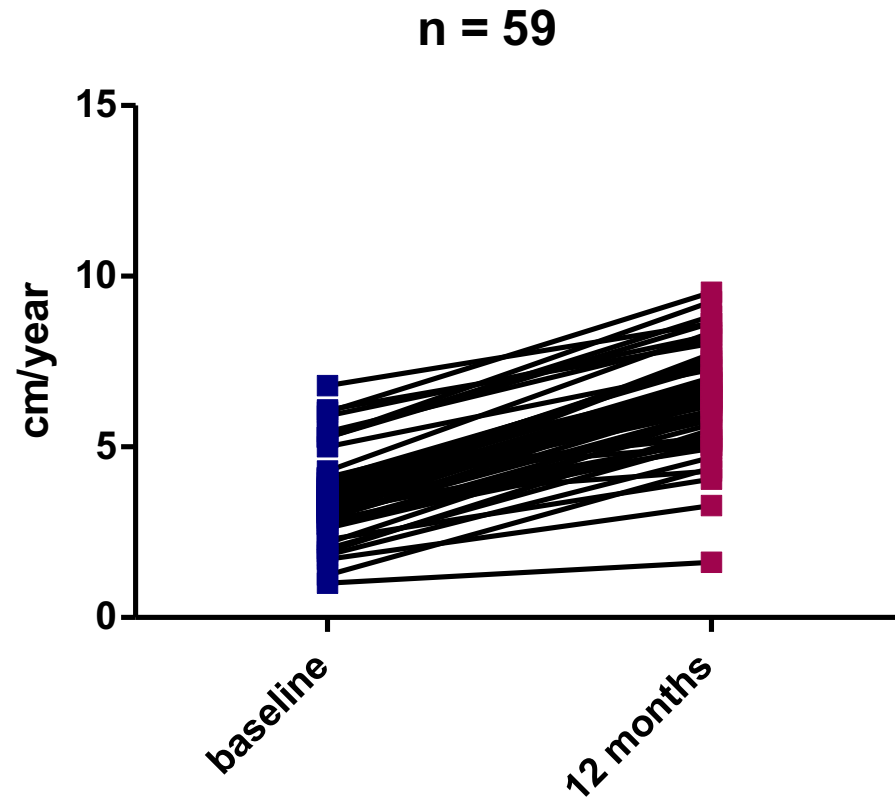
- Primary cGMP in the first 20 patients



n=20

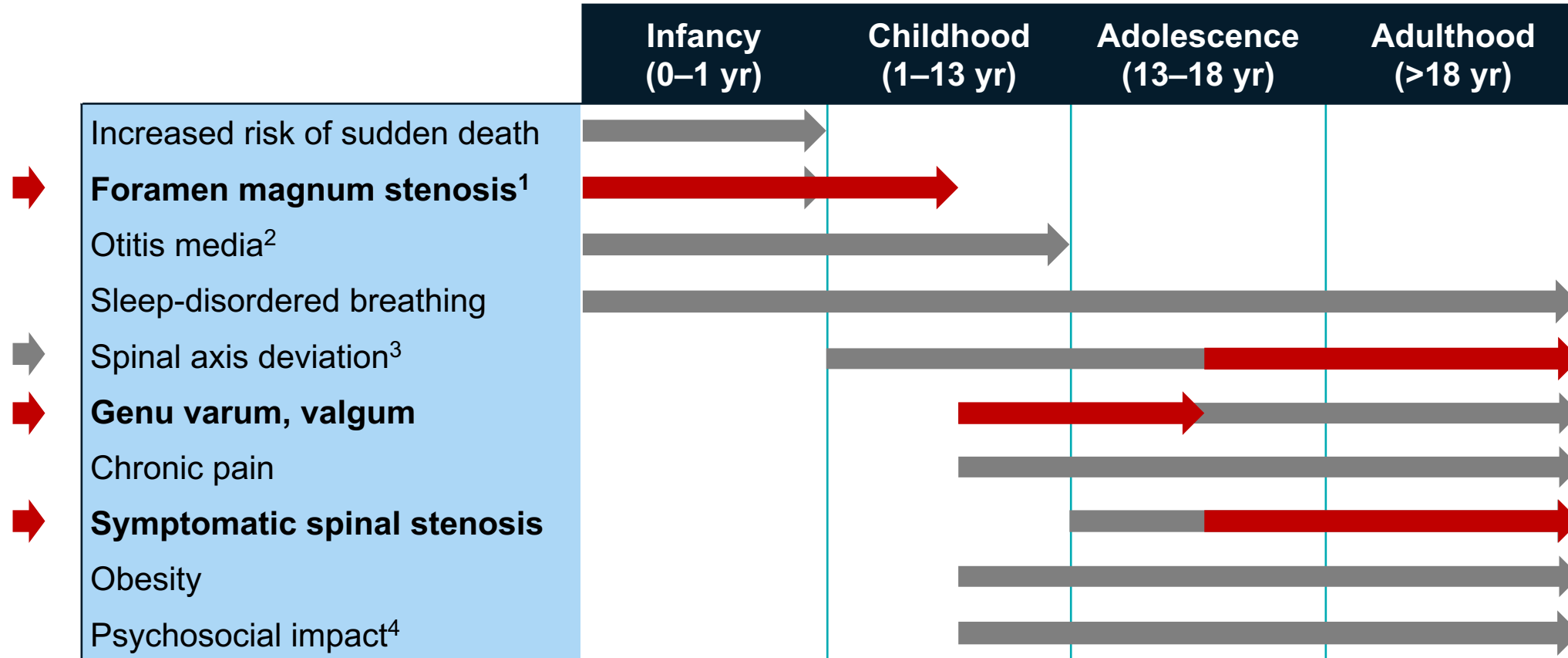
## 5.) Real world data: safety and efficacy (12 months)

- Monitoring: annualized growth velocity at 12 months



# Age-dependent secondary complications and therapy

## Complications of achondroplasia beyond growth across life stages\*



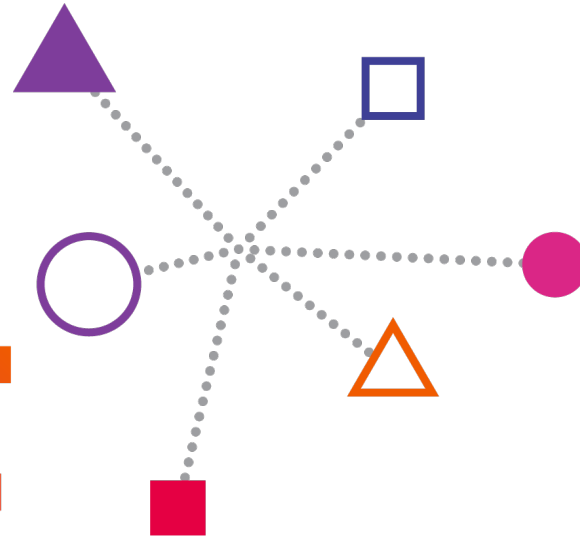
\*non-exhaustive list

Adapted from Hoover-Fong J, et al. Bone 2021;146:115872; 1. Hecht JT, et al. Am J Med Genet 1989;32:528-35; 2. Wright MJ, et al. Arch Dis Child 2012;97:129-34; 3. Kopits SE. Basic Life Sci 1988;48:241-55; 4. Yonko EA, et al. Am J Med Genet A 2021;185:695-701.





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